



# Stella Maris

## Catholic Primary School

113 OAK STREET, BEAUMARIS 3193 TELEPHONE 9589 2641 WWW.SMBEAUMARIS.CATHOLIC.EDU.AU

### Stella Maris SunSmart Protection Policy

#### Introduction

Stella Maris Primary School is aware that staff members, casual relief teachers, students, contractors and members of the broader school community may be exposed to Ultraviolet Radiation (UV) as part of their daily activity. As a result the school has developed the following Sun Protection Guidelines designed to reduce exposure to UV Radiation and any subsequent harm.

#### Scope

These guidelines apply to all Stella Maris Primary School sites and to all teaching & non-teaching members of staff, casual relief teachers, students & contractors whilst at school or performing work on the school's behalf.

#### Sunsmart Protection Guidelines

Stella Maris Primary School has developed the following guidelines in accordance with Sunsmart Victoria's policy for sun protection in schools.

#### The Aims of the Sunsmart Protection Guidelines are to:

- » Encourage the entire school community to use a combination of sun protection measures whenever UV Index Levels reach 3 and above;
- » Work towards a safe school environment that provides shade for staff members, students and the school community at appropriate times;
- » Assist staff members, students to be responsible for their own sun protection
- » Ensure that staff members, families and new staff are informed of the school's Sunsmart guidelines.
- » To assist with the implementation of this policy, staff and students are encouraged to access the daily local sun protection times via the free SunSmart app or at [sunsmart.com.au](http://sunsmart.com.au).

#### 1. Shade

The school will make sure there is a sufficient number of shelters and trees providing shade in the school grounds particularly in areas where students congregate e.g. lunch, canteen, outdoor lesson areas and popular play areas.

The availability of shade is considered when planning excursions and all outdoor activities. Staff members & students are encouraged to use available areas of shade when

Students are areas of

#### 2. Clothing

Sun the school's uniform.

**UV Index**

11+	Extreme
8,9,10	Very High
6,7	High
3,4,5	Moderate
1,2	Low

**5 ways to protect yourself**

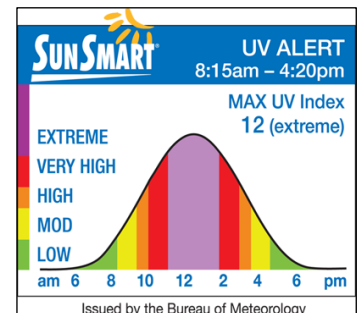
- Slip on sun-protective clothing
- Slap on SPF30+ sunscreen. Reapply every 2 hours
- Slap on a broad brimmed hat
- Seek shade
- Slide on wrap-around sunglasses

Sun protection is generally not needed unless outside for extended periods

outside.

encouraged to use available shade when outside.

protective clothing is included in uniform / dress code and sports School clothing is made of close weave fabric and



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includes shirts with collars and longer sleeves, longer style dresses, shorts and rash vests or t-shirts for outdoor swimming.

Students who do not have appropriate hats or outdoor clothing are asked to play in the shade or in a suitable area protected from the sun.

Stella Maris Primary School is aware that staff members, casual relief-teachers, contractors & visitors to the school will also be affected by exposure to UV radiation and encourages them to also consider appropriate hats or outdoor clothing when participating in outdoor activities.

### 3. Hats

Staff members & students are required to wear hats that protect their face, neck and ears, i.e. legionnaire, broad brimmed or bucket hats, whenever they are outside.  
(Baseball caps do not offer enough protection and are therefore not recommended.)

The school adopts a **No Hat No Play** policy for students. Staff members, casual relief-teachers, contractors & visitors are also required to wear an appropriate hat when participating in outdoor activities.

### 4. Sunscreen

Students and staff must provide their own SPF30 (or higher) broad-spectrum, water resistant sunscreen. This is encouraged to be brought in their school bag.

Parents will be encouraged to apply sunscreen to their children before the children arrive at school

Time will be allocated for children to apply sunscreen 15-20 minutes before outdoor activities and to reapply every two hours if outdoors for a prolonged period of time, or more frequently if the children are involved with water play or are perspiring;

Strategies are in place to remind students to apply sunscreen before going outdoors particularly before lunch and PE (e.g. reminder notices, sunscreen monitors, sunscreen buddies);



### 5. Sunglasses [SUGGESTED]

Staff members, casual relief teachers, contractors, visitors & students are encouraged to wear close fitting, wrap-around sunglasses that meet the Australian Standard 1067 (Sunglasses: Category 2, 3 or 4) and cover as much of the eye area as possible.

### 6. Role Modelling

Stella Maris Primary School requires all staff members, casual relief teachers, contractors & visitors to act as role models for students when participating in outdoor activities by:

- » Wearing sun protective hats, clothing and sunglasses when outside;
- » Applying SPF 30+ broad spectrum, water resistant sunscreen;
- » Seeking shade whenever possible;
- » Regularly communicate the School's sun protection guidelines to staff members & students between September & April each year.



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### Learning and skills

Programs on sun protection are included in the curriculum for all year levels.

### Engaging children, educators, staff and families

SunSmart behaviour is regularly reinforced and promoted to the whole school community through newsletters, school website/intranet, staff and parent meetings, school assemblies, student and teacher activities and at student enrolment/new staff orientation. As part of OHS UV risk controls and role modelling, staff, families and visitors:

- wear a sun protective hat, covering clothing and, if practical, sunglasses;
- apply sunscreen; and
- seek shade whenever possible

### Relevant documents / links

- *DET School Policy & Advisory Guide (SPAG) [Sun & UV protection](#) (2016)*
- Catholic Education Commission of Victoria (CECV) [Your Child's Health Wellbeing and Safety](#) (Primary)
- ARPANSA [Radiation Protection Standard for Occupational Exposure to Ultraviolet Radiation](#) (2006)
- Safe Work Australia: [Guidance Note – Sun protection for outdoor workers](#) (2016)
- AS/NZS 1067.1:2016, Eye and face protection - Sunglasses and fashion spectacles
- AS/NZS 4399:2017, Sun protective clothing - Evaluation and classification
- AS/NZS 2604:2012 Sunscreen products - Evaluation and classification
- Australian Government Therapeutics Goods Administration (TGA) – Australian regulatory guidelines for sunscreens: [4. Labelling and advertising – directions for use of the product](#)
- AS/NZS 4685.0:2017, Playground equipment and surfacing - Development, installation, inspection, maintenance and operation. 6.2.1: *General considerations*, 6.3.9: *Shade and sun protection*, Appendix A: *Shade and sun protection*